

Physical activity, adults 18+

Health Priority I: Overweight, Obesity, Lack of Physical Activity

Objective I3: Between 2000 and 2010, increase the proportion of Wisconsin adults who reported they engaged in any physical activities during the past month from 78 percent to 88 percent.

2010 Target: 88%

Indicator: Physical activity, adults 18+

Percent of Wisconsin Adults Aged 18+ Who Engage in Any Leisure-Time Physical Activity

Year (N)	Total		Males		Females	
	Percent	+/-	Percent	+/-	Percent	+/-
2000	78%	2%	81%	2%	75%	2%
(N)	2,717		1,219		1,498	
2001	79%	1%	80%	2%	78%	2%
(N)	3,604		1,622		1,982	
2002	80%	1%	83%	2%	77%	2%
(N)	4,355		1,789		2,566	
2003	81%	1%	83%	2%	79%	2%
(N)	4,355		1,632		2,421	
2004	82%	1%	84%	2%	79%	2%
(N)	4,500		1,794		2,706	
2005	81%	1%	83%	2%	80%	2%
(N)	4,897		1,998		2,899	

Source: Wisconsin Behavioral Risk Factor Survey, Bureau of Health Information and Policy, Division of Public Health, Department of Health and Family Services.

N Number in sample. See data documentation.

+/- Confidence interval. See data documentation.

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Physical activity, adults 18+, continued

Percent of Wisconsin Adults Aged 18+ Who Engage in Any Leisure-Time Physical Activity, by Age

Year (N)	Ages 18-24		Ages 25-34		Ages 35-44		Ages 45-54		Ages 55-64		Ages 65+	
	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-
2000	81%	6%	83%	3%	77%	3%	83%	3%	74%	5%	70%	4%
(N)	193		490		636		565		351		470	
2001	85%	4%	82%	3%	81%	3%	77%	3%	78%	4%	73%	4%
(N)	361		661		874		694		411		590	
2002	85%	4%	84%	3%	81%	3%	80%	3%	79%	3%	72%	3%
(N)	347		723		934		862		616		846	
2003	88%	4%	86%	3%	82%	3%	84%	2%	81%	3%	68%	3%
(N)	303		653		865		841		556		805	
2004	88%	4%	85%	3%	84%	3%	82%	3%	81%	3%	70%	3%
(N)	295		725		878		957		681		921	
2005	87%	6%	85%	3%	85%	3%	82%	3%	81%	4%	69%	3%
(N)	286		666		897		1,059		810		1,122	

Source: Wisconsin Behavioral Risk Factor Survey, Bureau of Health Information and Policy, Division of Public Health, Department of Health and Family Services.

N Number in sample. See data documentation.

+/- Confidence interval. See data documentation.

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Prepared for Tracking the State Health Plan, 2010—State-Level Data

<http://dhfs.wisconsin.gov/statehealthplan/track2010> (July 2006)

Bureau of Health Information and Policy

Division of Public Health

Wisconsin Department of Health and Family Services

Physical activity, adults 18+, continued

Percent of Wisconsin Adults Aged 18+ Who Engage in Any Leisure-Time Physical Activity, by Race/Ethnicity

Years (N)	Total		African American*		American Indian*		Asian*		Hispanic	
	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-	Percent	+/-
2000-2002	79%	1%	62%	3%	67%	8%	76%	8%	66%	4%
(N)	10,676		830		135		102		476	
2001-2003	80%	1%	64%	3%	66%	8%	80%	7%	70%	4%
(N)	12,010		996		138		110		512	
2002-2004	81%	1%	62%	4%	75%	9%	78%	10%	75%	6%
(N)	12,919		1,184		141		120		266	
2003-2005	81%	1%	64%	4%	80%	8%	75%	10%	77%	6%
(N)	13,450		1,228		124		119		259	

Source: Wisconsin Behavioral Risk Factor Survey, Bureau of Health Information and Policy, Division of Public Health, Department of Health and Family Services.

N Number in sample. See data documentation.

+/- Confidence interval. See data documentation.

* Non-Hispanic.

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Physical activity, adults 18+, continued

Percent of Wisconsin Adults Aged 18+ Who Engage in Any Leisure-Time Physical Activity, by Race/Ethnicity (continued)

Years (N)	White*		Multiple Races*	
	Percent	+/-	Percent	+/-
2000-2002	80%	1%	**	
(N)	8,866			
2001-2003	81%	1%	78%	7%
(N)	9,998		119	
2002-2004	82%	1%	82%	8%
(N)	10,926		128	
2003-2005	82%	1%	82%	8%
(N)	11,125		141	

Source: Wisconsin Behavioral Risk Factor Survey, Bureau of Health Information and Policy, Division of Public Health, Department of Health and Family Services.

N Number in sample. See data documentation.

+/- Confidence interval. See data documentation.

*Non-Hispanic.

**Multiple races category not used in 2000.